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Meatballs w/Mushroom- Orion Gravy & Elbow Conion Gravy & Conion C		S		Sweet Potato	Green Beans	7
Same athalis w/Mushroom-6   Rice   Sauce   S				Pineapple Cup	Cauliflower	c
S   Meathalls w/Mushroom-				Cereal	Club Cracker	
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Ontion Gravy & Elbow Noodles Lima Beans Lima Beans Lima Beans Lima Beans Eruit Cocktail Pear Cup Tropical Juice Pear Cup 1 Slice of Bread  13 Country Fried Steak w/Gravy Peas/Carrots Peas			Breaded Chicken w/Brown			_
Noodles   Broccol   Cauliflower   Peach Crisp   Cauliflower   Peach Crisp   Peach Cr	Diced Beets	Onion Gravy & Elbow	Rice	Sauce	Macaroni & Cheese	
Lima Beans   Fruit Cup   Peanut Butter Cup   P	Broccoli	Noodles	Broccoli	Peach Crisp	Green Beans	
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Tropical Julice   Pear Cup   1 Slice of Bread   2 Chicken Strips w/Brown   1 Slice of Bread   2 Chicken Strips w/Brown   2 Chic	Cereal	Broccoli	Peanut Butter Cup	Pear Cup	Peanut Butter Cup	
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Cereal  Cereal  Mixed Fruit Cup  Cauliflower  Peach Crisp  Orange Juice  1 Slice of Bread		Mixed Greens	Spinach	Parmesan	Sweet Potato	
Lup Mixed Fruit Cup Cauliflower Cereal Peach Crisp 1 Slice of B 1 Slice of B 1 Slice of B 1 Slice of Bread		Muffin	Cereal	Vanilla Pudding	Dingapale Cup	
Peach Crisp 1 Slice of B Orange Juice 1 Slice of B		Pineapple Cup	Mixed Fruit Cup	Cauliflower	Cereal	
1 Slice of Bread		Fresh Fruit		Orange Juice	1 Slice of Bread	
				1 Slice of Bread		

## December 2016

Congregates & Kentucky HOT Meal Clients

Wesley Community Services 513-244-5485

2% milk, skim milk, chocolate milk, or cheese available.
White or wheat breads are available. Margarine provided.
Vesley uses fresh herbs and spices in their meal preparation.
Mrs. Dash is available upon request.

Your order may contain bstitutions sometimes based on product availability.